

Presbyterian Health Plan My Care Plan

With Presbyterian Insurance Company's My Care Plan, employees can choose among three different benefit options to find a plan that best fits their unique needs: the Active, Family, and Independent options.

Once you select an option, you and your qualifying dependents will remain in that option until the next open enrollment. Each option is priced the same, and your per pay period contribution is the same for all options. The benefit levels vary as outlined below.

The Active Option

The Active option is a good fit for individuals, couples, or some families who do not seek medical services often and are mainly concerned with preventive care. The Active option allows you to seek medical services from participating providers and offers a \$150 reimbursement per family per contract year under the Unique Services Reimbursement Program for the following services:

- Gym memberships*
- Weight loss programs*
- Routine vision care
- Ambulance copayments
- Copayments for X-rays
- Sterilization services
- Smoking cessation
- Birth control pills
- LASIK surgery
- Vitamins*
- Dental treatment*

The Family Option

The Family option is great for those employees with a family-oriented lifestyle. These individuals typically have young children or are expecting to start a family. Instead of offering a Unique Service Reimbursement Program, this option offers significantly lower copayments for the services that children use most. Well-child care and preventive physical exams are only \$5 for children enrolled on this plan and office visits are \$10 for children.

The Independent Option

The Independent option is designed for individuals, couples, or families who want to visit doctors outside the Presbyterian network and receive coverage for those costs. This plan offers enhanced out-of-network coverage allowing you to visit providers outside of the Presbyterian Insurance Company provider network. This option offers a \$250 reimbursement per family per contract year under the Unique Services Reimbursement Program for the following services:

- Prescription drug costs with a physician's prescription
- Routine vision care
- Alternative therapies
- Disease management classes*
- Dental treatments*
- Diagnostic devices*
- Hearing aids

You choose from three benefit options

- Three options for coverage have been designed to accommodate different lifestyles
- You can choose the one that meets your needs
- Two options offer special reimbursements
- You don't need to select a Primary Care Physician (PCP) under any option

NEW for 2007!
Preventive care copays are now eligible for reimbursement under your Unique Reimbursement Benefits. See your plan booklet for limitations and filing instructions.

** If recommended by a physician to treat a specific medical condition. A note or prescription from the provider and the Unique Services Reimbursement Form must be submitted.*