CITY OF ALBUQUERQUE

MY CARE ACTIVE
HMO PLAN
(HHH10048)

The following Schedule of Benefits is a summary that describes the Copayment amounts that apply to specific types of services. Some benefits require Benefit Certification by Presbyterian Health Plan (PHP). Benefits may have limits and certain services are excluded altogether. When the Copayment is expressed as a percentage, the percentage will be applied to the Total Allowable Charges for the particular procedure allowed by PHP. For a more complete description, please refer to Sections of the *Group Subscriber Agreement* that discuss How the Plan Works, General Information, Benefits, Benefit Certification, Limitations and Exclusions.

CITY OF ALBUQUERQUE MY CARE ACTIVE (HHH10048) BENEFITS AND COVERAGE	LIMITS
ANNUAL CALENDAR YEAR DEDUCTIBLE	None
ANNUAL OUT-OF-POCKET MAXIMUM	2 x Annual premium
SPECIALTY PHARMACEUTICAL ANNUAL CALENDAR YEAR OUT-OF-POCKET MAXIMUM	$1,500 per Calendar Year
MAXIMUM LIFETIME BENEFIT	Unlimited
AUTISM SPECTRUM DISORDER DIAGNOSIS AND TREATMENT MAXIMUM LIFETIME BENEFIT	$200,000 per member per lifetime. Beginning January 1, 2011 the maximum benefit shall be adjusted manually on January 1 to reflect any change from the previous year in the medical component of the then-current consumer price index for all urban consumers published by the Bureau of Labor Statistics of the United States Department of Labor.
UNIQUE SERVICES PROGRAM – Refer to the *Group Subscriber Agreement* for more details.	$150 reimbursement per family per Calendar Year for: • Gym Memberships* • Weight Loss Program Membership Fees* • Routine vision care - Eye refractions, glasses, contact lenses • Smoking Cessation services (above and beyond those Covered by the benefit plan. For example over the counter aids, hypnosis and herbal methods) • Vitamins* • Birth control pills prescribed by a Physician • Sterilization services • LASIK surgery • Dental Treatments* • Ambulance Copayments * If recommended by a Physician to treat a specific medical condition. A note or Prescription from the Provider and the Unique Services Reimbursement Form must be submitted.
BENEFITS AND COVERAGE	**COPAYMENT**
PHYSICIAN SERVICES including:	
Office visits	
• Non-specialist	$25 Copayment per visit
• Specialist	$40 Copayment per visit
Home visits if Medically Necessary	$40 Copayment per visit
Outpatient Surgery (In Physician's office)	Included in office visit Copayment
Specialty Pharmaceuticals[1] (Injectable forms administered in Physician's office)	$55 per injection
Allergy Services	
• Testing	20% Copayment
• Serum (extracts)	20% Copayment
• Injections	Included in office visit Copayment (waived if nursing visit only)
Injections such as insulin, heparin and injectable antibiotics	Included in office visit Copayment (waived if nursing visit only)
Infertility Services including drugs and injections[1]	50% Copayment
PHYSICIAN SERVICES *continued on next page*	

[1] Benefit Certification will be required

Eff 7/1/11

Refer to the Group Subscriber Agreement for a more complete description of benefits

CITY OF ALBUQUERQUE MY CARE ACTIVE (HHH10048) BENEFITS AND COVERAGE	COPAYMENT
PHYSICIAN SERVICES *continued*	
On-campus Student Health Center	$25 Copayment per visit
Hospital and Skilled Nursing Care visits	$0 Copayment
HOSPITAL SERVICES – Inpatient[1]	$500 Copayment per admission
Coverage Includes: • Room and Board • Newborn delivery and other Hospital Obstetrical services • In-Hospital Physician visits, Surgeons, Anesthesiologist and other Inpatient Services • Detoxification	
MEDICAL SERVICES – Outpatient	
• Surgeries[1] (at facility)	20% up to a maximum of $500 Copayment per visit
• X-ray and laboratory tests	$0 Copayment
• PET[1]/MRI[1] scans	$125 Copayment per test
• Cardiac Cath	$200 Copayment per visit
• GI Lab	$175 Copayment per visit
• CAT[1] scans	$75 per test
• Radiation Therapy (Non-surgical)	$0 Copayment
• Chemotherapy	$0 Copayment
Specialty Pharmaceuticals[1] Oral or inhalation forms/Self-administered	$55 per prescription/injection
Specialty Pharmaceuticals[1] Intravenous (IV)	$0 Copayment
• Home/ Sleep Studies	$50 Copayment per study
• Administration of blood/blood components	$0 Copayment
RECONSTRUCTIVE SURGERY[1]	Included in Hospital Services – Inpatient, Medical Services – Outpatient and Physician Services
EMERGENCY ROOM CARE Including trauma services	$150 Copayment per visit (waived if admitted into a Hospital, then Hospital Copayment applies)
URGENT CARE	
• Participating Provider/Practitioner	$35 Copayment per visit
• Non-Participating Provider/Practitioner (In or out of the Service Area)	$50 Copayment per visit
AMBULANCE SERVICES including:	
Emergency or high-risk	
• Ground ambulance	$50 Copayment per occurrence
• Air ambulance	$100 Copayment per occurrence
Inter-Facility transfer services	
• Ground ambulance	$0 Copayment
• Air ambulance	$100 Copayment per occurrence

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CITY OF ALBUQUERQUE MY CARE ACTIVE (HHH10048) BENEFITS AND COVERAGE	COPAYMENT
CLINICAL PREVENTIVE SERVICES Well Child Care including vision and hearing screening Preventive physical exam Adult and child immunizations Office Based Health education Family planning services Cytologic Screening (Pap Smear) Human Papillomavirus (HPV) Screening HPV Vaccine for females Health Education Mammography Colonoscopy	Plan pays 100%
WOMEN'S HEALTH CARE	
Gynecological Care	$25 Copayment per visit
In office Obstetrical, Maternity Care, Prenatal and Postnatal care	$25 Copayment per visit up to a maximum of $200 per pregnancy
Specialist (i.e. Perinatologist)	$40 Copayment per visit (Not included in $200 maximum listed above)
Cytologic (Pap Smear), Human Papillomavirus (HPV) screening, and Mammograms refer to Clinical Preventive Services.	
Newborn Delivery and other Hospital Obstetrical Services	$500 Copayment per admission
Implantable contraceptive devices	
• Insertion	50% Copayment per insertion
• Removal	Included in office visit Copayment
DIABETES SERVICES	
Office visit and Diabetes education	Included in office visit Copayment
Certified Diabetes Educator Telephonic visits	$0 Copayment
Diabetic supplies[1] (Purchased through a Participating Durable Medical Equipment Supplier)	50% Copayment
Diabetic supplies including Insulin and diabetic oral agents for controlling blood sugar (Purchased through a Participating Pharmacy)	Generic (Preferred) - $10 Copayment Brand (Preferred) - $35 Copayment Non-Preferred – $55 Copayment (Per 30-day supply up to the maximum dosing recommended by the manufacturer)
COVERED MEDICATIONS – Outpatient (Purchased at a Participating Pharmacy, unless due to an emergency occurring outside of the PHP Service Area) • Medically Necessary Nutritional Supplements for prenatal care • Insulin and diabetic oral agents • Diabetic supplies (purchased through a Participating Pharmacy) • Smoking Cessation drugs (Limited to two (2) 90-day courses of treatment per Calendar Year) • Contraceptive Drugs **COVERED MEDICATIONS** – *continued on next page*	Generic (Preferred) - $10 Copayment Brand (Preferred) - $35 Copayment Non-Preferred – $55 Copayment (Per 30-day supply up to the maximum dosing recommended by the manufacturer)

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CITY OF ALBUQUERQUE MY CARE ACTIVE (HHH10048) BENEFITS AND COVERAGE	COPAYMENT
COVERED MEDICATIONS – *continued from previous page*	
Immunosuppressive Drugs following transplant surgery	
• Oral	Generic (Preferred) - $10 Copayment Brand (Preferred) - $35 Copayment Non-Preferred – $55 Copayment (Per 30-day supply up to the maximum dosing recommended by the manufacturer)
• Injectable	$55 per injection
Specialty Pharmaceuticals[1] Oral or inhalation forms/Self-administered	$55 per prescription/injection
Specialty Pharmaceuticals[1] Intravenous (IV)	$0 Copayment
Special Medical Foods[1]	50% Copayment
This plan is considered Creditable per Medicare part D guidelines. For more information regarding Medicare Part D please refer to www.cms.gov.	
PRESCRIPTION DRUGS (RETAIL)	
• Generic (Preferred)	$10 Copayment (Per 30-day supply up to the maximum dosing recommended by the manufacturer)
• Brand (Preferred)	$35 Copayment (Per 30-day supply up to the maximum dosing recommended by the manufacturer)
• Brand (when a generic equivalent is available)	Generic Copayment plus the difference in the cost of the brand and generic per 30-day supply up to the maximum dosing recommended by the manufacturer)
• Non-Preferred	$55 Copayment (30-day supply up to the maximum dosing recommended by the manufacturer)
PRESCRIPTION DRUGS (MAIL ORDER)	
• Generic (Preferred)	2 x generic Copayment (90-day supply up to the maximum dosing recommended by the manufacturer)
• Brand (Preferred)	2.5 x brand Copayment (90-day supply up to the maximum dosing recommended by the manufacturer)
• Brand (when a generic equivalent is available)	2 x generic Copayment plus the difference in the cost of the brand and generic (90-day supply up to the maximum dosing recommended by the manufacturer)
• Non-Preferred	3 x Non-Preferred Copayment (90-day supply up to the maximum dosing recommended by the manufacturer)
MENTAL HEALTH SERVICES[1]	
• Outpatient	$25 Copayment per visit
• Inpatient	$500 Copayment per admission
• Partial Hospitalization	$500 Copayment per admission (waived if immediately following an Inpatient hospitalization discharge)

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CITY OF ALBUQUERQUE MY CARE ACTIVE (HHH10048) BENEFITS AND COVERAGE	COPAYMENT
ALCOHOL AND SUBSTANCE ABUSE SERVICES[1]	
Detoxification	
• Outpatient	$25 Copayment per visit
• Inpatient	$500 Copayment per admission
Rehabilitation	
• Outpatient	$25 Copayment per visit
• Inpatient	$500 Copayment per admission
• Partial Hospitalization	$500 Copayment per admission (waived if immediately following an Inpatient hospitalization discharge)
REHABILITATION AND THERAPY SERVICES	
Cardiac Rehabilitation (up to 12 sessions continuous ECG monitoring and 24 sessions intermittent ECG monitoring per Calendar Year)	$25 Copayment per session
Dialysis/Plasmapheresis/Photophoresis	20% Copayment per visit
Pulmonary Rehabilitation (up to 24 sessions per Calendar Year)	$25 Copayment per session
Short-term Rehabilitation[1] (Physical and Occupational Therapy up to 2 months per condition)	
• Inpatient	$500 Copayment per admission (waived if transferred directly from an Inpatient Hospital, Hospice, or Skilled Nursing Facility)
• Outpatient	$40 Copayment per visit
Speech[1] and Hearing Therapy[1] (up to 2 months per condition)	$40 Copayment per visit
TRANSPLANTS[1]	$500 Copayment per admission
COMPLEMENTARY THERAPIES (Limited)	
Acupuncture Services (up to 20 visits per Calendar Year if Medically Necessary)	$40 Copayment per visit
Chiropractic Services (up to 18 visits per Calendar Year if Medically Necessary)	$40 Copayment per visit
Biofeedback for specific conditions	$25 Copayment per visit
SKILLED NURSING FACILITY[1] (Up to 60 days per Calendar Year)	$500 Copayment per admission (waived if transferred directly from an Inpatient Hospital, rehabilitation, or Hospice facility)
HOME HEALTH CARE SERVICES[1]/ HOME INTRAVENOUS SERVICES[1]	
Services provided by an RN, LPN and other specified specialist	$0 Copayment
Home intravenous services and supplies	$0 Copayment
Specialty Pharmaceuticals[1] Oral or inhalation forms/Self-administered	$55 per prescription/injection
Specialty Pharmaceuticals[1] Intravenous (IV)	$0 Copayment

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CITY OF ALBUQUERQUE MY CARE ACTIVE (HHH10048) BENEFITS AND COVERAGE	COPAYMENT
HOSPICE CARE[1]	
Inpatient	$500 Copayment per admission (waived if transferred directly from an Inpatient Hospital, rehabilitation, or Skilled Nursing Facility)
In-home	$0 Copayment
DURABLE MEDICAL EQUIPMENT, PROSTHETICS, AND APPLIANCES[1]	50% Copayment
• Hearing Aids (for school aged children under age 18 or 21 years of age if still attending high school).	Up to $2,200 every 36 months "per hearing impaired ear"
EYEGLASSES AND CONTACT LENSES Limited to the following:	
• Eyeglasses and contact lenses within 12 months following cataract surgery or for the correction of Keratoconus, or when related to Genetic Inborn Errors of Metabolism	50% Copayment
• Refraction eye exam associated with post cataract surgery or Keratoconus correction	Included in office visit Copayment
DENTAL SERVICES/(CMJ/TMJ) (Limited)	Included in office visit Copayment
FAMILY, INFANT AND TODDLER PROGRAM	
Family, Infant and Toddler Program (FIT): Medically Necessary early intervention services provided as part of an individualized family service plan and delivered by certified and licensed personnel as defined in NMAC Title 7, Chapter 30, Part 8 Health Family & Children Health Care Services.	No Copayment $3,500 per Member per Calendar Year Maximum benefit Not applicable to any Lifetime Maximums or annual limits
AUTISM SPECTRUM DISORDER[1] Treatment though or provided by:	
PCP	$25 Copayment per visit
Specialist	$40 Copayment per visit
Outpatient Physical Therapy	$40 Copayment per visit
Outpatient Occupational Therapy	$40 Copayment per visit
Outpatient Speech Therapy	$40 Copayment per visit
Applied Behavioral Analysis (ABA)[1]	$25 Copayment per visit
Diagnosis and Treatment for all children up to age 19 or up to age 22 if still attending high school	Up to $36,000 per member per Calendar Year

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EXCLUSIONS FOR CITY OF ALBUQUERQUE MY CARE ACTIVE (HHH10048):

Refer to the Group Subscriber Agreement for a more complete description of Exclusions & Limitations.

Any exclusion listed would not be applicable if covered under the FIT Program in accordance with that which is defined in NMAC Title 7, Chapter 30, Part 8 Health, Family & Children Care Services. Refer to your *Group Subscriber Agreement* for details.

- **Alternative/complementary therapies,** except as specified in the *Group Subscriber Agreement* (GSA).
- **Any service**, treatment, procedure, facility, equipment, drugs, drug usage, device or supply determined to be **not Medically Necessary** or accepted medical practice.
- **Artificial aids** including speech synthesis devices except items identified in the *Group Subscriber Agreement* (GSA).
- **Athletic trainers** except as provided for under the Unique Services Reimbursement Program.
- **Autopsies** and/or transportation costs for deceased Members.
- **Baby food** (including baby formula or breast milk) or other regular grocery products that can be blenderized for oral or tube feedings.
- **Benefits and services not specified as Covered.**
- **Biofeedback**, except as specified in the *Group Subscriber Agreement* (GSA).
- **Cancer Clinical Trials** are limited and must be provided for in the State of New Mexico in **accordance with the provisions set forth in the Group Subscriber Agreement (GSA).**
- **Care for conditions which State or local law requires** be treated in a public or correctional facility.
- **Care for military service connected disabilities** to which the Member is legally entitled and for which facilities are reasonably available to the Member.
- **Charges that are determined to be unreasonable by PHP.**
- **Circumcisions** performed other than during the newborn's Hospital stay unless Medically Necessary.
- **Clothing** or other protective devices including prescribed photoprotective clothing, windshield tinting, lighting fixtures and/or shields, and other items or devices whether by prescription or not.
- **Co-dependency treatment.**
- **Convenience items.**
- **Cosmetic Surgery, treatments**, **devices, Orthotics, and medications**, including treatment of hair-loss.
- **Costs for extended warranties** and premiums for other insurance Coverage.
- **Counseling –** sex, pastoral/spiritual, and bereavement counseling.
- **Court ordered evaluation or treatment**, or treatment that is a condition of parole or probation or in lieu of sentencing, such as Alcohol or Substance Abuse programs and/or psychiatric evaluation or therapy.
- **Covered services obtained from a Non-Participating Provider/Practitioner**, except as provided in the *Group Subscriber Agreement* (GSA) and as provided for under the Unique Services Reimbursement Program.
- **Custodial or Domiciliary Care.**
- **Dental care** and dental x-rays, except as provided in the *Group Subscriber Agreement* (GSA) and as provided for under the Unique Services Reimbursement Program.
- **Dental implants** except as provided for under the Unique Services Reimbursement Program.
- **Disposable medical supplies**, except when provided in a Hospital or a Physician's office or by a home health professional.
- **Donor Sperm.**
- **Durable Medical Equipment/Prosthetics/Orthotics** except as listed as Covered in this Schedule of Benefits and the *Group Subscriber Agreement* – additional wheelchairs, duplicate items, convenience items, upgraded or deluxe items, repair or replacement due to loss, neglect, misuse, abuse, to improve appearance, for convenience or items under the manufacturer or supplier's warranty.
- **Elastic support hose.**
- **Elective abortions** after the 24th week of pregnancy.
- **Elective Home Birth** and any prenatal or postpartum services connected with an Elective Home Birth.
- **Emergency facility** used for non-emergent services.
- **Exercise equipment** and videos, personal trainers, club memberships and weight reduction programs except as provided for under the Unique Services Reimbursement Program.
- **Experimental/Investigational,** as determined by PHP, drugs, medicines, treatments or procedures.

EXCLUSIONS FOR CITY OF ALBUQUERQUE MY CARE ACTIVE (HHH10048):

- **Extracorporeal shock wave therapy** involving the musculoskeletal system.
- **Eye movement therapy.**
- **Eye refractive procedures** including radial keratotomy, laser procedures, and other techniques except as provided for under the Unique Services Reimbursement Program.
- **Eyeglasses (Corrective)** or sunglasses, frames, lens prescription, contact lenses or the fitting thereof except as provided in the *Group Subscriber Agreement* (GSA) and as provided for under the Unique Services Reimbursement Program.
- **Foot care (routine)**, except as provided in the *Group Subscriber Agreement* (GSA).
- **"Get acquainted" visits** without physical assessment or diagnostic or therapeutic intervention provided.
- **Gloves,** unless part of a wound treatment kit.
- **Hair-loss** (or baldness) treatments, medications, supplies and devices including wigs, and special brushes.
- **Halfway houses.**
- **Hearing aids** and the evaluation for the fitting of hearing aids except for school aged children under 18 years old (or under 21 years of age if still attending high school).
- **Hospice benefits are not available for the following services:** food, housing and delivered meals, volunteer services, comfort items such as, but not limited to, aromatherapy, clothing, pillows, special chairs, pet therapy, fans, humidifiers, and special beds (excluding those Covered under Durable Medical Equipment benefits), homemaker and housekeeping services, private duty nursing, pastoral and spiritual counseling or bereavement counseling.
- **Hypnotherapy** except as part of anesthesia preparation or chronic pain management.
- **Infant formula.**
- **In-vitro, GIFT and ZIFT fertilization.**
- **Lay midwife** – Services of a lay midwife or an unlicensed midwife.
- **Malocclusion treatment**, if part of routine dental care and orthodontics.
- **Massage Therapy**, unless performed by a licensed physical therapist and as part of a prescribed short-term physical therapy program.
- **Medical and Hospital services of a donor** when the recipient of an Organ transplant is a not a Member or when the transplant procedure is **not Covered**.
- **New medications** for which the determination of criteria for Coverage has not yet been established by PHP's Pharmacy and Therapeutics Committee.
- **Nutritional supplements** except as provided in the *Group Subscriber Agreement* (GSA) and as provided for under the Unique Services Reimbursement Program.
- **Organ transplants (Non-human),** except for porcine (pig) heart valve.
- **Orthodontic appliances, endodontics, dental prosthetics, crowns, bridges, and dentures** except as provided for under the Unique Services Reimbursement Program.
- **Orthodontic appliances** and orthodontic treatment, crowns, bridges, and dentures used for the treatment of Craniomandibular and Temporomandibular Joint disorders, unless the disorder is trauma related and as provided for under the Unique Services Reimbursement Program.
- **Orthopedic or corrective shoes**, arch supports, shoe appliances, foot orthotics, and custom fitted braces or splints except for patients with diabetes or other significant peripheral neuropathies.
- **Orthotics (functional foot),** except as provided in the *Group Subscriber Agreement* (GSA) for patients with diabetes or other significant peripheral neuropathies.
- **Orthotics/orthosis (Custom Fabricated)** except as specified in the Groups Subscriber Agreement (GSA).
- **Over-The-Counter (OTC) medications except as specified in the *Group Subscriber Agreement* (GSA).**
- **Personal or comfort items, services or treatments.**
- **Photophoresis** for all conditions other than mycosis fungoides.
- **Physical examinations**, vaccinations, drugs and immunizations for the primary intent of medical research or non-Medically Necessary purpose(s) such as, but not limited to, licensing, certification, employment, insurance, flight, travel, passports or functional capacity examinations related to employment.
- **Prescription Drugs** (as listed as Covered in this Schedule of Benefits and the *Group Subscriber Agreement*) received upon Hospital discharge, provided by a Hospital pharmacy unless a Participating outpatient pharmacy is not available.
- **Prescription Drugs requiring a Benefit Certification when Benefit Certification was not obtained.**
- **Prescription Drugs ordered by a Non-Participating Provider** or purchased at a Non-Participating Pharmacy unless required due to an emergency occurring outside of the Service Area.
- **Prescription Drug,** compounded medications.

EXCLUSIONS FOR CITY OF ALBUQUERQUE MY CARE ACTIVE (HHH10048):

- **Prescription Drug replacements** due to loss, theft, or destruction.
- **Private duty nursing.**
- **Psychological testing** when not Medically Necessary.
- **Residential Treatment Centers** unless for the treatment of Alcoholism and/or Substance Abuse rehabilitation.
- **Reversals of voluntary sterilization.**
- **Services for which the Member is eligible under any governmental program** (except Medicaid), or services for which, in the absence of any health service plan or insurance plan, no charge would be made to the Member or Dependent.
- **Services requiring Benefits Certification** when Benefit Certification was not obtained.
- **Sex transformation surgery and drugs** relating to sex transformation.
- **Sexual dysfunction treatment**, including medication, counseling, and clinics, except for penile prosthesis as provided in the *Group Subscriber Agreement* (GSA).
- **Special education**, school testing or evaluations, counseling, therapy or care for learning deficiencies or disciplinary problems. This applies whether or not associated with manifest mental illness or other disturbances. Except as provided for under the Family, Infant and Toddler (FIT) Program. Refer to the *Group Subscriber Agreement* (GSA) for more information.
- **Special Medical Foods,** except as listed as Covered in the *Group Subscriber Agreement* (GSA) for Genetic Inborn Errors of Metabolism.
- **Storage or banking** of sperm, ova (human eggs), embryos, zygotes, or other human tissue.
- **"Telephone visits"** by a Provider/Practitioner or "consultation" by telephone for which a change is made to the patient is Not Covered **except for members that have been diagnosed with diabetes.** Also, "get acquainted" visits without physical assessment or diagnostic or therapeutic intervention provided are Not Covered.
- **Transportation costs** for deceased Members.
- **Travel and lodging** expense, except as provided in the *Group Subscriber Agreement* (GSA).
- **Vision care (routine) and Eye Refractions** for determining prescriptions for corrective lenses, except as listed as Covered in the *Group Subscriber Agreement* (GSA) and as provided for under the Unique Services Reimbursement Program.
- **Visual training.**
- **Vocational Rehabilitation Services and Long-Term Rehabilitation Services.**
- **Weight reduction or control treatments**, except for Medically Necessary treatment for morbid obesity and as provided for under the Unique Services Reimbursement Program.
- **Work-related accidents** or injuries or occupational illness or disease if the Member is required to be Covered under workers' compensation insurance, whether or not such Coverage actually exists.

Refer to the Group Subscriber Agreement for a more complete description of Exclusions & Limitations.

This Schedule of Benefits and services is subject to the provisions of the Contract and cannot modify or affect the Group Subscriber Agreement in any way; nor shall you accrue rights because of any statement in or omission from this schedule.

Plan ID's - HHH10048 (for internal use)