



City of Albuquerque

Human Resources Department

Richard J. Berry, Mayor

Interoffice Memorandum

April 6, 2015

To: Robert J. Perry, Chief Administrative Officer

From: Mary L. Scott, Director, Human Resources *by Mary*

Subject: Administrative Leave Request for Employees to Attend Blood Pressure Learning Academy

The Human Resources Department is requesting to allow employees up to two (2) hours of Administrative Leave [KRONOS pay code PLO (Paid Leave Other)] to attend the Blood Pressure Learning Academy on Thursday, June 18, from 11am – 1pm in the Council Chambers. Prior approval from supervisors is required to attend.

Presbyterian Health Plan is sponsoring the blood pressure training to help City of Albuquerque control related healthcare costs and improve productivity. All employees and family members are eligible to attend at no cost, however registration is limited to 200 participants. Employees with CDL certification are encouraged to attend because these employees are required to manage blood pressure as part of the recertification process.

The training will include a delicious lunch, a cooking demonstration by Registered Dietician Jennie McCary, and information about preventing and managing high blood pressure. Each participant will receive the DASH diet cookbook (Dietary Approaches to Stop Hypertension).

The training aligns with Objective 12 in the BetterHealth 5-Year Strategic Plan: Offer and evaluate five new onsite programs in the area of weight management, physical activity, nutrition, and smoking cessation. Each topic will be covered because they all affect blood pressure.

Your approval of this request is appreciated.

APPROVED: *[Signature]* DATE: 4/13/15
Robert J. Perry
Chief Administrative Officer