



# City of Albuquerque

## Office of the Mayor/CAO

Richard J. Berry, Mayor

### Interoffice Memorandum

June 17, 2014

**To:** All City Employees

**From:** Robert J. Perry, Chief Administrative Officer 

**Subject:** 2 Hours to Attend Diabetes Academy Training

The Diabetes Academy will be held Thursday, August 7, 2014 from 11:00am - 1:00pm in the Council Chambers. Additional optional training will be available from 1:00 - 1:30pm for participants who use injectable diabetes medications. Employees are allowed 2 hours to attend the training with prior approval from their supervisor. Employees who hold Commercial Drivers Licenses (CDL) are encouraged to attend the training since evidence of glucose control is required for the CDL certification.

A delicious lunch from The Grove Market Café or Vinaigrette Salad Bistro is included, and family members are invited to attend. There is no charge for the training or lunch. Registration is required by Tuesday, August 5.

Participants will learn how to prevent and manage diabetes. In addition, Southern Celebrity Chef Rory Schepisi will provide a live diabetes-friendly cooking demonstration. Chef Rory was a finalist on "The Next Food Network Star" reality TV show.

#### HOW TO REGISTER FOR THE DIABETES ACADEMY

- **By Internet:** <https://www.surveymonkey.com/s/chefrory>
- **By phone:** 768-2921

If you have any questions, please contact Lisa Gatan, Health and Wellness Coordinator, at 768-2921 or [lgatan@cabq.gov](mailto:lgatan@cabq.gov).