

EASY WEEKNIGHT MEALS



Join us for a Webinar

**Thursday, September 12, 2013
12:00 – 1:00 pm MST**

Join Jennie McCary, Registered Dietitian,
as she offers practical tips for busting out of the dinner rut.

Participants will learn ways to take the stress out of meal planning and gain ideas for weekday meals for busy professionals and families.

System Requirements

PC-based attendees

Required: Windows® 7, Vista, XP or 2003 Server

Mac®-based attendees

Required: Mac® OS X 10.5 or newer

Mobil attendees

Required: iPhone®, iPad®, Android™ phone or Android tablet

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