

PACE Guide Sheet

To Help You Prepare for Your Doctor Visits (See page 27 for an example of how to complete your PACE sheet before your next appt.)



Your Name: _____ **Doctor:** _____

Appointment date: _____ **Time:** _____

Remember:

- ✓ Bring a list of all your medicines, including over-the-counter medicines, vitamins and herbs.
- ✓ Ask for a copy of test results or reports about procedures (such as ECG).

Reason(s) for the appointment:	Questions about your condition:
	Questions about your tests or procedures:
Describe your symptoms and concerns:	
	Questions about your medicines:
What you hope can be done to help you:	Questions about other treatments:

During the visit, clarify what you hear:

- ✓ If you don't understand something, ask the doctor to explain.
- ✓ Repeat the doctor's instructions using your own words.
- ✓ At the end of the visit, review what you and the doctor agreed upon.