



City of Albuquerque

Human Resources Department

Richard J. Berry, Mayor

Interoffice Memorandum

February 29, 2015

To: Robert J. Perry, Chief Administrative Officer

From: Mary L. Scott, Director, Human Resources Department *M Scott*

Subject: 2 Hours Administrative Leave Request for Employees to Attend Blood Pressure Learning Academy

The Human Resources Department is requesting to allow employees 2 hours of Administrative Leave [KRONOS pay code PLO (Paid Leave Other)] to attend the Blood Pressure Academy on Friday, June 10, 2015, from 11:00am – 1:00pm at the Albuquerque Museum. Prior approval from supervisors is required to attend.

Presbyterian Healthcare Services is sponsoring the blood pressure training to help City of Albuquerque control related healthcare costs and improve productivity. All employees and family members are eligible to attend at no cost, however registration is limited to 140 participants. Employees with CDL certification are encouraged to attend because these employees are required to manage blood pressure as part of the recertification process.

The training will include lunch, a cooking demonstration by a Registered Dietician, and information about preventing and managing high blood pressure. Each participant will receive a cookbook that addresses hypertension.

The training aligns with Objective 12 in the BetterHealth Program 5-Year Strategic Plan: Offer and evaluate five onsite programs in the areas of nutrition, weight management, physical activity, and smoking cessation. The Blood Pressure Academy addresses each topic.

Your approval of this request is appreciated.

APPROVED

RJP

Robert J. Perry, Chief Administrative Officer

3.10.16

Date

cc: Mark Saiz, Manager, Insurance and Benefits Division